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EMPLOYEE ASSISTANCE PROGRAM

The Ease@Work Employee Assistance Program (EAP) provides you and your family members with free and confidential help for any kind of problem that affects your life or your work.



There's an App for that!

Your EAP can help with issues such as:

- Emotional or Stress Related Problems
- Marital or Family Problems
- Financial and Legal Difficulties
- Drug or Alcohol Abuse
- Problems Related to Work
- Balancing Work/Life Situations

Services Also Include:

- Life Coaching
- Medical Advocacy
- Work/Life Info and Referral
- Personal Assistant
- Wellness Coaching

EASE@WORK

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