

Our services

In-person and virtual care (for adults and children)

The following list provides an overview of the broad scope of diagnoses, procedures, and services that may be rendered in Everside Health centers (not a complete list). Everside's onsite clinicians make all treatment decisions with the health, well-being, and best interest of the patient as the foremost goal.

Primary and preventative care		Labs
<ul style="list-style-type: none"> • Basic vision screening (color & near vision) • Biometric screening • Blood pressure and vitals screening • Chronic condition management* • Comprehensive personal evaluation including routine check ups* • Coordination with other providers (e.g., specialists, hospitals)* • Depression & anxiety* • Fitness & nutrition coaching* 	<ul style="list-style-type: none"> • Health risk assessment* • Hearing screening (audiometry) • Lifestyle & risk-reduction coaching* • Pediatric visits* • Sports physicals • Women's health • Routine adult physicals • Pre-op evaluations & clearance • Acute illness visits & treatment* 	<ul style="list-style-type: none"> • Basic Metabolic Panel • Blood draws & sample collection • Cholesterol • Hemoglobin A1C • Pregnancy test • Screening for diabetes • Strep throat test • Urinalysis
Procedures		Behavioral health
<ul style="list-style-type: none"> • Asthma/pulmonary treatments • Dermatological procedures including mole removal • Basic wound care • Basic ENT procedures • Ingrown toenail removal 	<ul style="list-style-type: none"> • Skin biopsy (lab not included) • Skin cyst removal • Skin tag & wart removal (cryo) • Stitches • Suture/staple removal 	<ul style="list-style-type: none"> • Health psychology services* • Cognitive behavioral therapy* • Anxiety assessment & treatment* • Depression assessment & treatment* • Addiction assessment & treatment* • OCD assessment & treatment* • Trauma treatments (PTSD, domestic violence, etc.)* • Anger management* • Acute illness visits & treatment*
Immunizations		Diagnostic testing & vitals
<ul style="list-style-type: none"> • Flu vaccine • Hepatitis A series • Hepatitis B series • HIB (haemophilus) • HPV series (human papilloma virus) • Meningococcal • MMR (measles, mumps, rubella) 	<ul style="list-style-type: none"> • Pneumococcal • Polio • Rotavirus • Td (tetanus, diphtheria) • Tdap (tetanus, diphtheria, pertussis) • Varicella (chicken pox) 	<ul style="list-style-type: none"> • Blood pressure & vitals • EKG • Peak flow testing • Spirometry

Health portal: Visit members.eversidehealth.com to get access

- Available 24/7
- Make and manage prescriptions from your doctor
- Request refills and view prescriptions
- Email your doctor securely
- Download your personal health record
- Manage your membership

*Available for virtual appointments. Follow-up in-person care will be coordinated with your provider if needed.

Get the everside app or make an appointment today at **866-808-6005** or members.eversidehealth.com



Prescription Drugs & Medications

Some doctor's offices have a supply of common, generic medications. Generic versions of the items below are frequently available to members for a low fee, similar to what they might pay at a nearby pharmacy.

Generic Prescription Program

The generic equivalent of the following medications may be available. Exact medications offered are at the discretion of the provider and are subject to change.

- Aloprim
- Amoxicillin
- Augmentin
- Bactrim
- Celexa
- Cipro
- Claritin
- Cortaid
- Cozaar
- Diflucan
- Ditropan
- Elavil
- Ferrous Sulfate
- Flagyl
- Flexeril
- Flonase
- Gentamycin
- Glucophage
- Glucotrol
- Hydrochlorothiazide
- Imitrex
- Keflex
- Lasix
- Levaquin
- Lipitor
- Lopressor
- Lotrimin
- Naprosyn
- Norvasc
- Ortho Tri-Cyclen
- Penicillin
- Phenergan
- Prednisone
- Prilosec
- Proventil
- Pyridium
- Trazodone
- Triamcinolone
- Ultram
- Ventolin
- Vitamin D
- Z-Pak
- Zantac
- Zestril
- Zithromax
- Zocor
- Zofran
- Zoloft
- Zovirax
- Zyrtec

Certain prescriptions and procedures, and tests sent to outside labs will be charged to your insurance. For those contributing to an HSA, some fees may be required for non-preventative services and acute/non-preventative services are provided, on average, at a lower cost than other providers. Care delivered by phone or email is no additional cost.

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