

FALL FIT CITY CHALLENGE September 1st - October 15th

The **SparkAmerica 2022 Fall Fit City Challenge** is coming! Pick your favorite physical activity that gets your heart pumping and track your fitness minutes in the PeopleOne Health portal. Help your organization reach the top of the leaderboards to be one of the most active in your city!

JOIN TODAY!

- 1. Go to <u>SparkAmerica.com/Register</u>, enter your email and follow the prompts.
- 2. Locate the SparkAmerica callout on the homepage and click the button to join.
- 3. Create a username that will display publicly on leaderboards.

wellness+

4. Begin tracking your fitness minutes on September 1.

presented by



oswald

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