

Help Is Here To Manage Life's Many Responsibilities

To juggle work, life, and caregiving responsibilities,
you sometimes **need an extra hand**.

Reach out to your Assistance Program for resources and referrals
to address a variety of life and family needs:

- Childcare
- Eldercare
- Pet care
- Adoption
- Special needs support
- Education
- Enrichment activities
- Housing
- Transportation
- Community resources and referrals

Your Assistance Program is free to use, confidential, and open to family members.

Contact AllOne Health
Call: 800-521-3273
Visit: easeatwork.com

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